



## "WHAT TO BRING TO CAMP"

The following is a list of items that your child needs to bring EACH DAY in a bag (preferably a backpack). Please mark all personal items (including socks and shoes) with your child's name in permanent ink:

- ★ Sunscreen
- ★ An extra change of clothing
- ★ Extra diapers, wipes, and diaper rash lotion (if needed)
- ★ Bagged lunch (that does not require refrigeration) should be packed for children staying the FULL DAY.
- ★ HALF DAY campers should bring only snacks & drinks.
- ★ Plenty of snacks & drinks should be packed for your child to access throughout the day.
- ★ Any medications your child will be taking or may need at camp. Be sure to have the medication WRITTEN OUT (name of med, dosage and directions for administering) AND PREPARED (e.g. cut into appropriate portions, mixed in juice if necessary, etc.).  
**Please do not send any medications in your child's backpack. All medications should be given to the Nurse in the camp office.**
- ★ Your child will participate in various physical activities (such as sports, bikes, playground games, etc), therefore, please provide them with appropriate footwear for the day.
- ★ Swimwear on Wednesdays (towel, bathing suit, water shoes, etc.)

Don't forget to wear the camp T-shirts!!!! If your child cannot wear his camp T-shirt (for any reason), he/she must wear a similar colored shirt to identify him as part of his group.