

Although PTN is not affiliated with these programs, we do make this information available to you in efforts to support your own adventures within the community. Please contact them directly for additional information and possibilities. If you are involved in any other community-based programs you would recommend, please inform the Community Adventures Team at PTN.

CLUBS/ASSOCIATIONS

Main Street Cyclery

A small, locally-known bike shop in Seal Beach that specializes in sales, repair and adaptations of bikes and scooters in a "customer care" atmosphere. Ask for Dave.

Contact:

135 Main Street

Seal Beach, CA 90740

TEL: 562-430-3903

Website: www.mainstcyclery.com

Special Olympics

A year-round sports training program for youth and adults with developmental disabilities. Weekly practice locations vary and competitions are held throughout Southern California. Sports include track and field, basketball, tennis, softball, soccer and volleyball. Registration is required. Volunteers are welcome!

Contact:

Torrance

Website: <http://www.sosc.org/southbay.html>

Phil Duthie

TEL: 310-618-2934

Email: southbay@sosc.org

Torrance-South Bay Family YMCA

The YMCA offers a variety of programs, classes, activities and camps for children and families.

2900 West Sepulveda Boulevard

Torrance, CA 90505

Contact:

TEL:(310) 325-5885

Disabled Sports/USA

DS/USA offers nationwide sports rehabilitation programs to anyone with a disability. Activities include winter skiing, water sports, summer and winter competitions, fitness and

special sports events.

The Achievers
DS/USA Orange County Chapter
TEL: (949) 460-6969
Mac McCabe (714) 526-6960
Email: dsusaoc@aol.com

The Unrecables
DS/USA Los Angeles Chapter
Glenda Phillips
TEL: 818-986-3830
Email: unrecables@earthlink.net